

Mid-Plains Community College Transfer Guide to Clarkson College



Bachelor of Science Degree in Community Health: Pre-Health Professional Track



Effective Fall 2026

The following transfer guide is intended to assist MPCC students interested in transferring to the Bachelor of Science in Community Health: Pre-Health Professional track at Clarkson College. This is for students wanting to complete a Bachelor degree in preparation for graduate professional programs in Dentistry, Medicine, Pharmacy, Physician Assistant, Physical Therapy, or Occupational Therapy.

This transfer guide outlines requirements for the Bachelor of Science in Community Health: Pre-Health Professional track and includes corresponding MPCC courses that are approved transfer courses into this program.

Core Courses 9 credits

Must be taken at Clarkson College

CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
HCC*	Healthcare Communication	3
HUM	Humanities	3
EEA	Ethics, Empathy and Advocacy	3

*Designated service course

General Courses 28 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COURSE	CLARKSON COLLEGE COURSE	HOURS
			IPE 301	Interprofessional Education	0
ENGL 1010	English Composition I	3	ENG 101	English Composition I	3
ENGL 1020	English Composition II	3	ENG 102	English Composition II	3
PSYC 1810	Introduction to Psychology	3	PSY 101	Introduction to Psychology	3
MATH 1150	College Algebra	3	MAT 130	College Algebra	3
OFFT 2500	Comprehensive Medical Terminology	3	GEN 105	Medical Terminology	1
BIOS 1400	Introduction to Nutrition	3	BIO 122	Nutrition Science	3
			BUS 140	Healthcare Delivery Systems	2
			SOC 220	Medical Sociology	2
			HIM 180	Essentials of Pharmacology	2
MATH 2170	Applied Statistics	3	MAT 310	Statistics	3
SOCI 1010	Introduction to Sociology	3	SOC 101	Introduction to Sociology	3

Major Courses 13 credits

CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
CHL 244*	Vulnerable Populations	3
CHL 243	Trauma Informed Care	3
CHL 248	Introduction to Grant Writing	2
CHL 399*	Fieldwork	3
CHL 401	Capstone	2

*Designated service course

Additional General Courses: Selected Concentration(s)

Students interested in applying to an Occupational Therapy program pick two of the following concentrations. All other Pre-Health Professional students will pick one concentration (due to different number of required science courses).

Public Health Concentration 18 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
			CHL 270	Issues & Policies in Public Health	3
			CHL 250	Epidemiology	3
			CHL 353*	Community Engmt & Social Change	3
			CHL 251	Environmental Risk Factors for Disease	3
			MAT 410	Advanced Statistics in Public Health	3
			CHL 355	Health Program Planning & Evaluation	3

Human Services Concentration 18 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
			CHL 266	Social Policy & Human Services	3
SOCI 2250	Marriage & Family Relationships	3	CHL 245	Family Dynamics	1
			EEA 210	American Poverty & Healthcare	3
			CHL 252	Information and Referral	2
			CHL 249	Crisis Intervention	1
CRIM 1010	Intro to Criminal Justice	3	CHL 253	Understanding the Criminal Justice System	2
			CHL 353*	Community Engmt & Social Change	3

Gerontology Concentration 18 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
			GEN 220	Gerontology	2
			CHL 241	Programs, Services & Policies in Aging	3
			EEA 205	Death and Dying	3
			CHL 330	Health & Physical Aspects of Aging	3
			CHL 333	Psychological & Social Aspects Aging	3
			CHL 334	Managing Care of the Older Adult	3
			CHL 335	Seminar in Gerontology	1

Women's Health Concentration 18 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
			CHL 260	Evolution of Women's Health	3
			CHL 261	Women's Health in Contemporary Society	3
			CHL 265	Literary Perspectives of Women's Health	3
			CHL 362	Global Issues in Women's Health	3
			CHL 364	Mental Health of Women Throughout the Lifespan	3
			CHL 365	Mammography	1
			CHL 366	Pharmacology in Women's Health	1
			CHL 367	Preventative and Restorative Topics for Women	1

Nutrition Concentration 18 credits

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
			CHL 270	Issues & Policies in Public Health	3
			PSY 320	Health Psychology	3
			PSY 350	Introduction to Counseling	3
			NDM 104	Lifecycle Nutrition I	3
			NDM 105	Lifecycle Nutrition II	3
			NDM 106	Medical Nutrition Therapy	3

Additional General Courses: Selected Pre-Health Professional Concentration(s)

Students will complete required and elective courses specific to their area of interest.

Pre-Medical and Pre-Dental 54 credits – Students selecting this option will pick 1 concentration above

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
BIOS 1010 & BIOS 111	General Biology and lab	4 and 0	BIO 110	Fundamentals of Biology I	4
			BIO 111	Fundamentals of Biology II	4
CHEM 1090 & CHEM 1091	General Chemistry I and lab	4 and 0	CHM 150	General Chemistry I	4
CHEM 1100 & CHEM 1101	General Chemistry II and lab	4 and 0	CHM 151	General Chemistry II	4
BIOS 2250 & BIOS 2251	Human Anatomy & Physiology I and Lab	4 and 0	BIO 211	Human Anatomy	4
BIOS 2260 & BIOS 2261	Human Anatomy & Physiology II and Lab	4 and 0	BIO 213	Human Physiology	4
CHEM 2510 & CHEM 2511	Organic Chemistry I and lab	4 and 0	CHM 240	Organic Chemistry I	4
CHEM 2520 & CHEM 2521	Organic Chemistry II and lab	4 and 0	CHM 241	Organic Chemistry II	4
PHYS 1410/1411 or PHYS 2110/2111	Elementary or General Physics I and lab	5 and 0	PHY 200	Physics I	4
PHYS 1420/1421 or PHYS 2120/2121	Elementary or General Physics II and lab	5 and 0	PHY 205	Physics II	4
			CHM 270	Biochemistry	4
				Total Required Credits	44
Students select 10 credit hours from the following courses:					
BIOS 2460 & BIOS 2461	Microbiology and Lab	4 and 0	BIO 211	Microbiology	4
			BIO 300	Immunology	3
			BIO 301	Kinesiology	3
BIOS 2140	Genetics	3	BIO 310	Genetics	3
MATH 1600	Calculus I and Analytic Geometry	5	MAT 140	Calculus	4
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
			PTA 106	Intro to Physical Therapy	2
ECON 2110	Principles of Macroeconomics	3	BUS 121	Economics	3
			HIM 240	Introduction to Informatics	2
			GEN 300	Research Methods for Health & Social Sciences	3
			EEA,HUM,HCC	Core Courses	Varies
			CHL	Community Health electives	Varies
			PSY	Psychology electives	Varies
			GEN,MAT	General Education Electives	Varies

Pre-Pharmacy 54 credits – Students selecting this option will pick 1 concentration above

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
BIOS 1010 & BIOS 111	General Biology and lab	4 & 0	BIO 110	Fundamentals of Biology I	4
CHEM 1090 & CHEM 1091	General Chemistry I and lab	4 & 0	CHM 150	General Chemistry I	4
CHEM 1100 & CHEM 1101	General Chemistry II and lab	4 & 0	CHM 151	General Chemistry II	4
BIOS 2250 & BIOS 2251	Human Anatomy & Physiology I and lab	4 & 0	BIO 211	Human Anatomy	4
BIOS 2260 & BIOS 2261	Human Anatomy & Physiology II and lab	4 & 0	BIO 213	Human Physiology	4
CHEM 2510 & CHEM 24511	Organic Chemistry I and lab	4 & 0	CHM 240	Organic Chemistry I	4
CHEM 2520 & CHEM 2521	Organic Chemistry II and lab	4 & 0	CHM 241	Organic Chemistry II	4
PHYS 1410/1411 or PHYS 2110/2111	Elementary or General Physics I and lab	5 & 0	PHY 200	Physics I	4
MATH 1600	Calculus I and Analytic Geometry	5	MAT 140	Calculus	4
				Total Required Credits	36
Students select 18 credit hours from the following courses:					
			BIO 111	Fundamentals of Biology II	4
BIOS 2460 & BIOS 2461	Microbiology and Lab	4 & 0	BIO 211	Microbiology	4
			BIO 300	Immunology	3
			BIO 301	Kinesiology	3
BIOS 2140	Genetics	3	BIO 310	Genetics	3
			CHM 270	Biochemistry	4
PHYS 1420/1421 or PHYS 2120/2121	Elementary or General Physics II and lab	5 & 0	PHY 205	Physics II	4
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
			PTA 106	Intro to Physical Therapy	2
ECON 2110	Principles of Macroeconomics	3	BUS 121	Economics	3
			HIM 240	Introduction to Informatics	2
			GEN 300	Research Methods for Health & Social Sciences	3
			EEA,HUM,HCC	Core Courses	Varies
			CHL	Community Health electives	Varies
			PSY	Psychology electives	Varies
			GEN, MAT	General Education Electives	Varies

Pre-Physical Therapy 54 credits – Students selecting this option will pick 1 concentration above.

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
BIOS 1010 & BIOS 111	General Biology and lab	4 & 0	BIO 110	Fundamentals of Biology I	4
			BIO 111	Fundamentals of Biology II	4
CHEM 1090 & CHEM 1091	General Chemistry I and lab	4 & 0	CHM 150	General Chemistry I	4
CHEM 1100 & CHEM 1101	General Chemistry II and lab	4 & 0	CHM 151	General Chemistry II	4
BIOS 2250 & BIOS 2251	Human Anatomy & Physiology I and Lab	4 & 0	BIO 211	Human Anatomy	4
BIOS 2260 & BIOS 2261	Human Anatomy & Physiology II and Lab	4 & 0	BIO 213	Human Physiology	4
PHYS 1410/1411 or PHYS 2110/2111	Elementary or General Physics I and lab	5 & 0	PHY 200	Physics I	4
PHYS 1420/1421 or PHYS 2120/2121	Elementary or General Physics II and lab	5 & 0	PHY 205	Physics II	4
				Total Required Credits	32
Students select 22 credit hours from the following courses:					
			BIO 301	Kinesiology	3
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
BIOS 2460 & BIOS 2461	Microbiology and Lab	4 & 0	BIO 211	Microbiology	4
			BIO 300	Immunology	3
BIOS 2140	Genetics	3	BIO 310	Genetics	3
CHEM 2510 & CHEM 2511	Organic Chemistry I and lab	4 & 0	CHM 240	Organic Chemistry I	4
CHEM 2520 & CHEM 2521	Organic Chemistry II and lab	4 & 0	CHM 241	Organic Chemistry II	4
			CHM 270	Biochemistry	4
MATH 1600	Calculus I and Analytic Geometry	5	MAT 140	Calculus	4
			PTA 106	Intro to Physical Therapy	2
ECON 2110	Principles of Macroeconomics	3	BUS 121	Economics	3
			HIM 240	Introduction to Informatics	2
			GEN 300	Research Methods for Health & Social Sciences	3
			EEA,HUM, HCC	Core Courses	Varies
			CHL	Community Health electives	Varies
			PSY	Psychology electives	Varies
			GEN, MAT	General Education Electives	Varies

Pre-Physician Assistant 54 credits – Students selecting this option will pick 1 concentration above.

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
BIOS 1010 & BIOS 111	General Biology and lab	4 & 0	BIO 110	Fundamentals of Biology I	4
			BIO 111	Fundamentals of Biology II	4
CHEM 1090 & CHEM 1091	General Chemistry I and lab	4 & 0	CHM 150	General Chemistry I	4
CHEM 1100 & CHEM 1101	General Chemistry II and lab	4 & 0	CHM 151	General Chemistry II	4
BIOS 2250 & BIOS 2251	Human Anatomy & Physiology I and Lab	4 & 0	BIO 211	Human Anatomy	4
BIOS 2260 & BIOS 2261	Human Anatomy & Physiology II and Lab	4 & 0	BIO 213	Human Physiology	4
BIOS 2460 & BIOS 2461	Microbiology and Lab	4 & 0	BIO 211	Microbiology	4
CHEM 2510 & CHEM 2511	Organic Chemistry I and lab	4 and 0	CHM 240	Organic Chemistry I	4
			CHM 270	Biochemistry	4
				Total Required Credits	36
Students select 18 credit hours from the following courses:					
			BIO 300	Immunology	3
BIOS 2140	Genetics	3	BIO 310	Genetics	3
			BIO 301	Kinesiology	3
CHEM 2520 & CHEM 2521	Organic Chemistry II and lab	4 & 0	CHM 241	Organic Chemistry II	4
MATH 1600	Calculus I and Analytic Geometry	5	MAT 140	Calculus	4
PHYS 1410/1411 or PHYS 2110/2111	Elementary or General Physics I and lab	5 & 0	PHY 200	Physics I	4
PHYS 1420/1421 or PHYS 2120/2121	Elementary or General Physics II and lab	5 & 0	PHY 205	Physics II	4
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
			PTA 106	Intro to Physical Therapy	2
ECON 2110	Principles of Macroeconomics	3	BUS 121	Economics	3
			HIM 240	Introduction to Informatics	2
			GEN 300	Research Methods for Health & Social Sciences	3
			EEA,HUM,HCC	Core Courses	Varies
			CHL	Community Health electives	Varies
			PSY	Psychology electives	Varies
			GEN, MAT	General Education Electives	Varies

Pre-Occupational Therapy 36 credits – Students selecting this option will pick 2 concentrations above.

MPCC COURSE	MPCC COURSE	HOURS	CLARKSON COLLEGE COURSE	CLARKSON COLLEGE COURSE	HOURS
BIOS 1010 & BIOS 111	General Biology and lab	4 & 0	BIO 110	Fundamentals of Biology I	4
CHEM 1090 & CHEM 1091	General Chemistry I and lab	4 & 0	CHM 150	General Chemistry I	4
BIOS 2250 & BIOS 2251	Human Anatomy & Physiology I and Lab	4 & 0	BIO 211	Human Anatomy	4
BIOS 2260 and BIOS 2261	Human Anatomy & Physiology II and Lab	4 & 0	BIO 213	Human Physiology	4
PHYS 1410/1411 or PHYS 2110/2111	Elementary or General Physics I and lab	5 & 0	PHY 200	Physics I	4
PSYC 2060 or FACS 1600	Lifespan Development or Human Development	3	PSY 200	Human Development	3
				Total Required Credits	23
Students select 13 credit hours from the following courses:					
			BIO 111	Fundamentals of Biology II	4
BIOS 2460 & BIOS 2461	Microbiology and Lab	4 & 0	BIO 211	Microbiology	4
			BIO 300	Immunology	3
			BIO 301	Kinesiology	3
CHEM 1100 & CHEM 1101	General Chemistry II and lab	4 & 0	CHM 151	General Chemistry II	4
BIOS 2140	Genetics	3	BIO 310	Genetics	3
CHEM 2510 & CHEM 24511	Organic Chemistry I and lab	4 & 0	CHM 240	Organic Chemistry I	4
CHEM 2520 & CHEM 2521	Organic Chemistry II and lab	4 & 0	CHM 241	Organic Chemistry II	4
MATH 1600	Calculus I and Analytic Geometry	5	MAT 140	Calculus	4
			CHM 270	Biochemistry	4
PHYS 1420/1421 or PHYS 2120/2121	Elementary or General Physics II and lab	5 & 0	PHY 205	Physics II	4
			PTA 106	Intro to Physical Therapy	2
ECON 2110	Principles of Macroeconomics	3	BUS 121	Economics	3
			HIM 240	Introduction to Informatics	2
			GEN 300	Research Methods for Health & Social Sciences	3
			EEA,HUM,HCC	Core Courses	Varies
			CHL	Community Health electives	Varies
			PSY	Psychology electives	Varies
			GEN, MAT	General Education Electives	Varies

Total semester hours in program = 122

Service Requirement: Bachelor programs require students to complete service experiences in Healthcare Communication Core and a minimum of one program-designated service course. Service experiences must be passed successfully to pass the class.

Interprofessional Education Requirement (IPE): All programs require students to successfully pass IPE 301 before graduation.

Intercultural Development Inventory (IDI): All programs require students to complete the Intercultural Development Inventory (IDI) assessments and debrief before graduation.

Residency Requirement: At least 30 semester hours must be completed at Clarkson College for a Bachelor's degree.

For more information, please contact Jeri List, Director of General Education and Health Sciences at 402.552.6286 or listjeri@clarksoncollege.edu