

## **Wellness and Substance Use Disorder (Chemical Dependency)**

Wellness is defined as a positive state of mind, body, and spirit reflecting a balance of effective adaptation, resilience, and coping mechanisms in personal and professional environments that enhance quality of life. Substance Use Disorder is defined as a chemical dependency and addiction, is a chronic and progressive disease which threatens physical and mental well-being and is individually characterized by a multiplicity of behaviors from misuse through dependency/addiction to alcohol and/or drugs (legal and illegal).

### **Purpose**

The educational program for nurse anesthesia has a vital interest in maintaining a safe, healthy and efficient environment for its nurse anesthesia residents and patients and an environment free from the misuse of alcohol and drugs. Recognizing that substance abuse is both a disease and a professional hazard, the purpose of this policy is to provide guidelines for the prevention and management of substance abuse within the Nurse Anesthesia Program.

### **Policy**

The policy is intended to provide a safe, fair working environment for all anesthesia providers and their patients. A person currently involved in substance abuse cannot safely learn or practice as a nurse anesthetist. Nurse anesthesia residents are required to abide by college, program, and clinical site wellness and substance abuse policies. Nurse anesthesia residents are required to submit to drug testing as a condition of enrollment. Nurse anesthesia residents are expected to comply with the credentialing requirements, including alcohol and/or substance abuse testing, of all clinical sites. Residents may be subjected to immediate alcohol and/or substance abuse testing by the college for no cause, at their expense. Failure of any alcohol or substance abuse test, or refusal to cooperate with any aspect of this policy, or any clinical site policy on alcohol and/or substance abuse, will result in disciplinary action up to and including dismissal, refusal of enrollment, and the reporting of use to the appropriate authorities. Because of the paramount concern for patient safety, these disciplinary actions may be imposed without the customary mechanisms of academic contract and probation period.

Nurse anesthesia residents with substance abuse issues are encouraged to self-report to the program faculty and/or administration, clinical site, seek help from AANA Peer Assistance, and/or utilize the state Licensed Assistance Program. Such disclosure or the presence on an alcohol/substance abuse test of any intoxicant, narcotic, hallucinogen, marijuana or other controlled substance in blood or urine will result in immediate placement of the resident on probation without clinical privileges. The faculty may also place the resident on probation without clinical privileges if they have reasonable cause to suspect 1) diversion; 2) inappropriate or excessive use of controlled substances, illegal drugs, prescribed drugs, or alcohol, or 3) any

other condition which may threaten patient or student safety, particularly if any of these are resulting, or may potentially result, in impairment.

If alcohol/substance abuse test results are positive, the resident must undergo professional evaluation with treatment recommendations. Failure to undergo this evaluation and comply with treatment recommendations will result in immediate dismissal from the program.

See COA DNP Standards E2.2 and Definition: Wellness and Substance Abuse Disorder;  
Clarkson College Policy SW-15 Drug and Alcohol

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